



THE BEAR ON THE BARGE

GLUTEN FREE MENU

STARTERS

GF CAESAR SALAD Classic homemade caesar salad dressing.	6.50
MIXED TAPAS V (option) Olives hummus peppers & feta tzatziki chorizo & chickpeas.	6.95
SIZZLING GARLIC PRAWNS mushrooms, chilli, garlic.	7.25
NACHOS GRANDE V queso roja, guacamole, salsa, sour cream.	7.25/13.95
DIRTY BEAR FRIES queso roja, cheddar & smoked bacon	5.50

DIRTY BEAR WING SAUCE PILGRIMAGE

Our wings are our biggest selling dish. We scoured the planet for over 20 years in search of the perfect wing-sauce, & took over 8 years to develop the recipe.

Be warned, they are very addictive!

INCREDIBLE BUFFALO WINGS & BLUE CHEESE DIP ½ kilo of chicken wings	6.95
HUGE PORTION OF BUFFALO WINGS 1 kilo portion	12.95

FLAMING FAJITA FIESTA

CHOICE OF HOUSE MARINATED MEAT, ONIONS AND PEPPERS, ACCOMPANIED WITH
TOMATILLA SALSA, GUACAMOLE, SOUR CREAM, CHEDDAR & ICEBERG.

VEGETARIAN V	15.50	CHICKEN	15.95
KING PRAWN	17.95	STEAK	17.95

whilst every effort is made to ensure our products are gluten free we cannot guarantee 100% they have not come into contact with gluten

GLUTEN FREE MENU

DIRTY BEAR GIANT BURGERS

HOUSE BURGER	11.95
BACON & CHEESEBURGER	13.50
PULLED PORK BURGER pulled pork topped with coleslaw	12.95
COW MEETS PIG BURGER burger topped with pulled pork & BBQ sauce.	16.95
THE BOOGIE BURGER 500g of prime beef with double bacon & cheese.	16.95

HOUSE SPECIALS

BBQ ROTISSERIE CHICKEN 1/2 rotisserie baked chicken in Peruvian marinade	12.95
BBQ BABYBACK RIBS 10 hour slow cooked & caramelized with BBQ sauce	17.95
CHARCOAL FIRED SMOKED SALMON potato gratin & seasonal veg .	17.50
HALLOUMI & ZUCCHINI ESPETADAS tzatziki, salad and potato choice.	14.95
CHICKEN & CHORIZO ESPETADAS tzatziki, salad & potato choice.	14.95

HIMALAYAN SALT CHAMBER 28 DAY DRY AGED STEAK

WE HANG ALL OUR STEAKS IN OUR EXCLUSIVE HIMALAYAN SALT CHAMBER.

Served with caramelized onions, mushrooms & tomatoes,
choice of potato & garlic butter.

SIRLOIN	250G	18.95	RIBEYE	250G	19.95
FILLET	220G	25.95	T-BONE	400G	26.95

ICE CREAMS & SORBETS

STRAWBERRY PAVLOVA TOWER fresh strawberries, cream & icecream.	5.95
CORNISH ICE CREAMS	3.95
strawberry, salted caramel, raspberry pavlova, honeycomb, chocolate, bubblegum, lemon sorbet.	